

## Instructions for Patients Scheduled for Sedation

Dear Patient,

For your safety, all of these instructions must be strictly adhered to. Neglecting any of the following may compel the doctor to cancel the treatment and a cancellation charge may be incurred.

- Do not eat a large meal before treatment. Patients for morning treatment should have no food or liquid after midnight.
- Medications normally taken should be taken unless otherwise agreed upon by this office and may be taken with a sip of water. Any prophylactic antibiotic or pain killer should also be taken as prescribed by our office. Please inform the office of any changes in your medications.
- Wear short sleeves if possible and remove any nail polish.
- It is extremely important for us to know if there is a change in your health, especially **suspected or confirmed pregnancy** and the development of a cold or fever. Please inform our office of any changes in your health history.
- The use of “**street drugs**” (marijuana, cocaine, heroin, etc.) is strictly forbidden within a 3 week period prior to sedation because of a possible interaction with the sedation medications.
- A **responsible adult** must accompany you to our office. He or she should also wait for you in the office while treatment is being performed and escort you home afterward. You will not be allowed to leave alone via bus or taxi.
- Patients normally feel a bit drowsy after sedation. **Do not drive a vehicle, operate potentially dangerous equipment, or make any important decisions** until after full recovery, which normally takes no more than 24 hours.
- Patients should **stop smoking and refrain from alcoholic beverages** for at least 24 hours before and after sedation.