

# West Seattle Endodontics, LLC

## Oral Sedation information and Consent Form

**Triazolam (halcion)**, although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state, you will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective, and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

- 1.** This **consent form** and the **dental treatment consent form** should be signed **before** you take the medication. They are invalid if signed after you take the pills.
- 2.** The onset of **Triazolam is 15 to 30 minutes**. **DO NOT DRIVE** after you have taken the medication. The peak effect occurs between 1 to 2 hours. After that, it starts wearing off and most people feel normal after 6 to 8 hours. **For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day.** Wait until tomorrow.
- 3.** This medication should **NOT** be used if:
  - \* You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, Etc.)
  - \* You are pregnant or breast feeding
  - \* You have liver or kidney disease

Tell the doctor if you are taking the following medications as they can adversely interact with *Triazolam*: *nefazodone (Serzone)*; *cimetidine (Tagament, Tagament HB, Novicimetine, or Peptol)*; *levodopa (Dopar or Larodopa)* for Parkinson's disease; *antihistamines (such as Benedryl and Travist)*; *verapamil (Calan)*; *diltiazem (Cardizem)*; *erythromycin and the azole antimycotics (Nizoral, Biaxin, or Sporanox)*; *HIV drugs indinavir and nelfinavir*; and *alcohol*. *Of course taking recreational/illicit drugs can also cause untold reactions.*

- 4. Side effect** may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Triazolam may not work as desired.
- 5. Smokers** may notice a decrease in the medication's ability to achieve desired results.
- 6. DO NOT** eat or drink anything for 6 hours prior to your appointment. You may take the medication with a small amount of water. Taking the medication with food can make absorption into your system unpredictable. **\*Exception:** Diabetics must have a small breakfast.
- 7. Nitrous Oxide** may be used in conjunction with Triazolam and local anesthetic.
- 8.** On the way home from the dentist, your seat in the car should be in a reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling. **An escort is required to bring you to the appointment and to take you home.**

I understand these considerations and am willing to abide by the conditions stated above. I have had the opportunity to ask questions and have had them answered to my satisfaction.

Patient \_\_\_\_\_ Date \_\_\_\_\_ Guardian \_\_\_\_\_